



Colleen Kavanagh

**CEO
SoulBeing
Portland, Maine**

While building a career supporting high acuity areas of hospitals, Colleen became extremely passionate about preventative health strategies and health equity. Motivated to help patients and providers navigate a complex world, she focuses on leveraging existing infrastructure to incorporate evidence-based integrated medicine approaches and traditional care pathways in a meaningful and intuitive way. Colleen leads with sustainable growth and dedication to the communities she serves, which are at the heart of every business decision. She is determined to prove that the holistic well-being of an individual translates directly to measurable ROI for employers, health plans, and national health spend. Colleen is obsessed with putting good work into the world through the building of business and community. She lives in beautiful Portland, Maine with Matt, Millie, James, Nacho and Lola—her husband, kids, and crazy rescue dogs (in that order).