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Dr. Elizabeth Markle is a licensed psychologist, speaker, writer, researcher and professor of community mental health at California Institute of Integral Studies. She is the co-founder and executive director of Open Source Wellness, an Oakland-based nonprofit offering experiential behavioral health and wellness via a “Community As Medicine” approach in collaboration with health care providers and insurers. Dr. Markle earned her doctorate in counseling psychology from Northeastern University and her M.A. degree in psychology from Pacifica Graduate Institute. She completed her predoctoral internship at Cambridge Health Alliance/Harvard University and her postdoctoral training in primary care-mental health integration at the San Francisco VA Medical Center. Dr. Markle is a thought leader in the field of health and wellness and has been sought-after as a consultant for her unique insights and expertise in clinic–community integration, innovative approaches to mental health and group facilitation.