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Chris Mosunic is a licensed clinical psychologist and registered dietitian specializing in starting, scaling and managing integrated health care organizations. Prior to his current role as the chief clinical officer at Calm, Chris served as an executive health care leader at Yale New Haven Health, Johnson and Johnson, Rivermend Health, Advanced Recovery Systems and Vida Health. He has authored numerous scientific publications, clinical programs and presentations throughout his career on topics such as cognitive behavioral therapy (CBT), mental health, integrated care, obesity, eating disorders and substance use disorders. Chris received his undergraduate degree in biology and psychology from Bucknell University, his M.S. degree in nutritional biochemistry from Tufts, his Ph.D. degree in clinical psychology from Vanderbilt, and his M.B.A. degree from Yale.