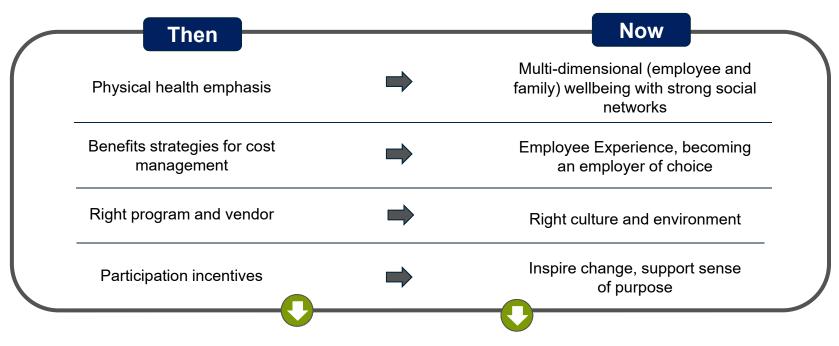
7 Benchmarks for Building a successful Wellbeing Roadmap

Emily Brainerd – September 27, 2018



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The Evolution of Wellbeing



Inconsistent alignment
with mission/vision/values,
desired culture, key
business objectives

Wellbeing as a cultural imperative that drives engagement and enables high performance

WELCOA's 7 Benchmarks





Committed and Aligned Leadership

Align with Operational & HR Priorities

Revenue or Sales Growth

Maintain or Decrease Overall Operating Costs

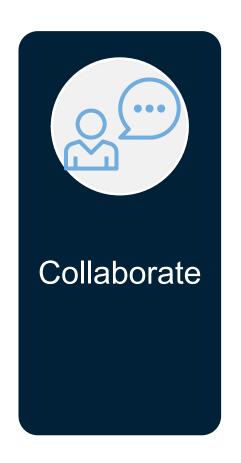


Control Benefit Costs

Employee Engagement & Productivity

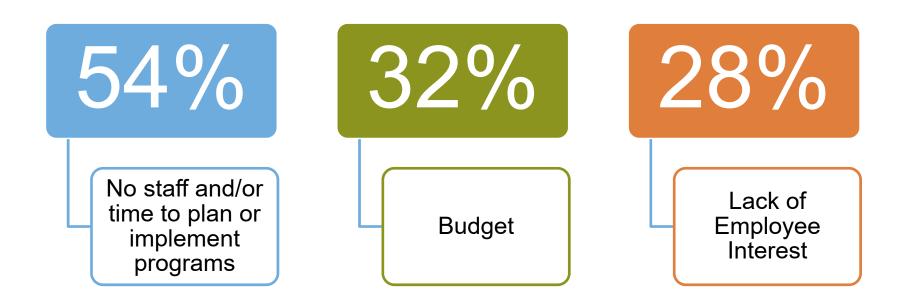
Employee Training and Development

Attracting & Retaining Competitive Talent!!



Collaboration in Support of Wellness

Top 3 Reasons for Not Offering a Wellness Program





Collecting Meaningful
Data to Evolve a Wellness
Strategy



Crafting an Operating Plan

Despite wellbeing being a high priority by over two-thirds of employers (68%)...



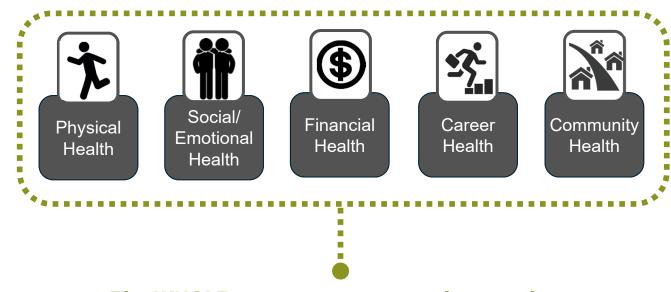


Choosing Initiatives that Support the Whole Employee



Cultivate Supportive
Health Promoting
Environments, Policies,
and Practices

Dimensions of Wellbeing



The WHOLE person comes to work every day....

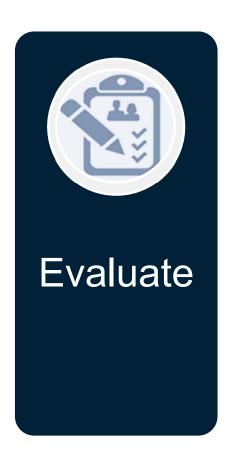


each employee's wellbeing influences individual and organizational performance

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13



Conduct Evaluation, Communicate, Celebrate, and Iterate

Evaluating wellness program performance

Program measurement metrics



Building a Successful Wellness Roadmap

